



**The VCC Radhadesh Retreat Schedule May 30th 2018 - June 3rd 2018**  
**Château de Petite Somme, 6940 Septon Durbuy, Belgium**

Time	Wednesday, 30th May (Arrival Day)	Thursday, 31st May	Friday, 1st June	Saturday, 2nd June	Sunday, 3rd June (Departure Day) Rooms available till noon
7:00 - 7:45 am	Wake up Session Hall: Asana Yoga Room 2: Qi Gong	Wake up Session Hall: Asana Yoga Room 2: Qi Gong	Wake up Session Hall: Asana Yoga Room 2: Qi Gong	Wake up Session Hall: Asana Yoga Room 2: Qi Gong	Wake up Session Hall: Asana Yoga Room 2: Qi Gong
8:00 - 9:00 am	Breakfast / Free Time	Breakfast / Free Time	Breakfast / Free Time	Breakfast / Free Time	Breakfast / Free Time
9:00 - 10:00 am		Hall: We are the Healers Room 2: Asana Yoga	Hall: We are the Healers Room 2: Asana Yoga	Hall: We are the Healers Room 2: Asana Yoga	Hall: We are the Healers Room 2: Private Consultations
10:15 - 11:15 am	Hall: Asana Yoga Room 2: Bhakti Yoga	Hall: Natural Healing & Herbalism Room 2: Bhakti Yoga	Hall: Natural Healing & Herbalism Room 2: Bhakti Yoga	Hall: Natural Healing & Herbalism Room 2: Bhakti Yoga	Hall: Natural Healing & Herbalism Room 2: Bhakti Yoga
11:30 - 12:30 pm	Free Time	Hall: Ayurveda Seminar Room 2: Vedic Compost	Hall: Ayurveda Seminar Room 2: Vedic Compost	Hall: Ayurveda Seminar Room 2: Vedic Compost	Hall: Ayurveda Seminar Room 2: Asana Yoga
12:30 - 1:30 pm	Welcome Prasadam	Prasadam / Free Time	Prasadam / Free Time	Prasadam / Free Time	Bye bye Gathering / Prasadam
1:30 pm - 2:30 pm	<b>Chateau &amp; Temple Tour</b>	Hall: Guided Meditation Room 2: Communication	Hall: Guided Meditation Room 2: Communication	Hall: Guided Meditation Room 2: Private Consultations/Country Walk	End of Retreat
2:45 - 3:45 pm	Hall: "Guided Meditation" Seminar Introduction (H.G. Gurudas) Room 2: Asana Yoga	Hall: Ayurveda Seminar Room 2: Communication Kitchen: Vegetarian cooking	Hall: Ayurveda Seminar Room 2: Communication Kitchen: Vegetarian cooking	Hall: Ayurveda Seminar Room 2: Communication Kitchen: Vegetarian cooking	
4:00 - 5:00	Hall: "Natural Healing & Herbalism" Seminar Introduction (Caitanya Privedd)	Hall: Asana Yoga Room 2: Bhakti Yoga Kitchen: Vegetarian Cooking	Hall: Asana Yoga Room 2: Bhakti Yoga Kitchen: Vegetarian Cooking	Hall: Asana Yoga Room 2: Bhakti Yoga Kitchen: Vegetarian Cooking	
5:00 - 6:00	Hall: Introduction to Bhakti Yoga Room 2: Asana Yoga	Free Time	Free Time	Free Time	
6:00 - 7:00 pm	Hall: Ayurveda Seminar Introduction (Chaitanya Swarup das)				
7:00 pm - open	Hall: History of Western Vaishnavism (H.G. Gurudas)	Hall: History of Western Vaishnavism (H.G. Gurudas)	Hall: History of Western Vaishnavism (H.G. Gurudas)	Hall: History of Western Vaishnavism (H.G. Gurudas)	
	Hall: Moon Light Kirtan (lead by H.G. Gurudas)	Hall: Moon Light Kirtan (lead by H.G. Gurudas)	Hall: Moon Light Kirtan (lead by H.G. Gurudas)	Hall: Moon Light Kirtan (lead by H.G. Gurudas)	